

BRAND NEW CLASS STARTING MONDAY 4TH NOVEMBER 2013



Venue: Colden Common Community Centre - Gloucester Hall

Instructor: Abbie Jennings

Class: FitSteps for all abilities

Day/Time: Mondays 9.30am-10.30am

Price: £5 per class, pay as you come

For further information please contact Abbie on 07815 716335 or
abbie.jennings@hotmail.com

FitSteps - The best known and most popular Latin and Ballroom dances combined with proven fitness techniques, to give you fast fitness results, with a heap of fun thrown in!

Fully Qualified and Registered ISTD Dance Teacher and FitSteps Instructor. CRB Checked, Insured and First Aid Trained.



'Abbie Jennings Dance and Fitness'

